

1989

4-H 169 Revised Packet Sewing is Fun

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(revised)

Nebraska Cooperative Extension Service 4-H 169

Packet

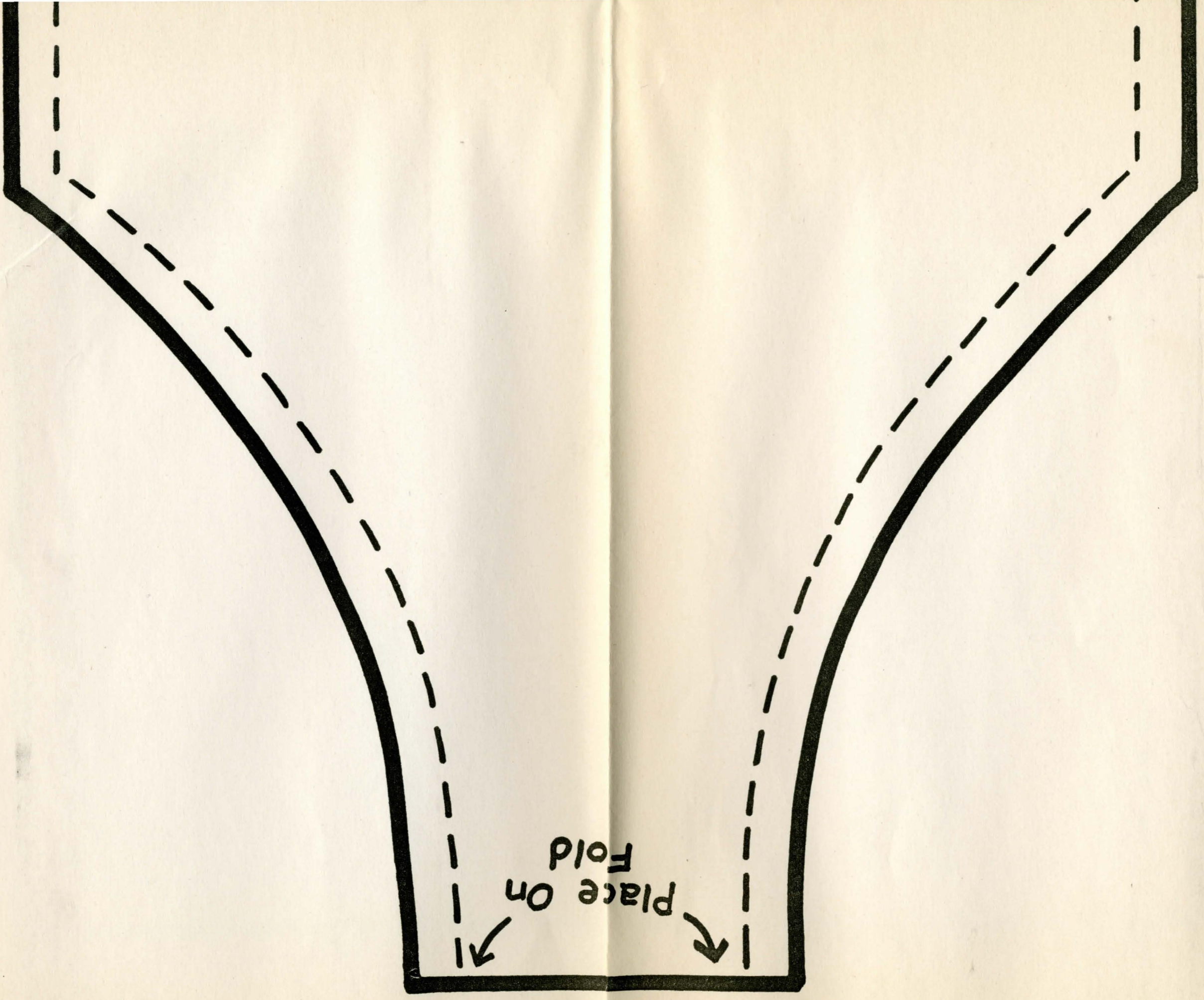


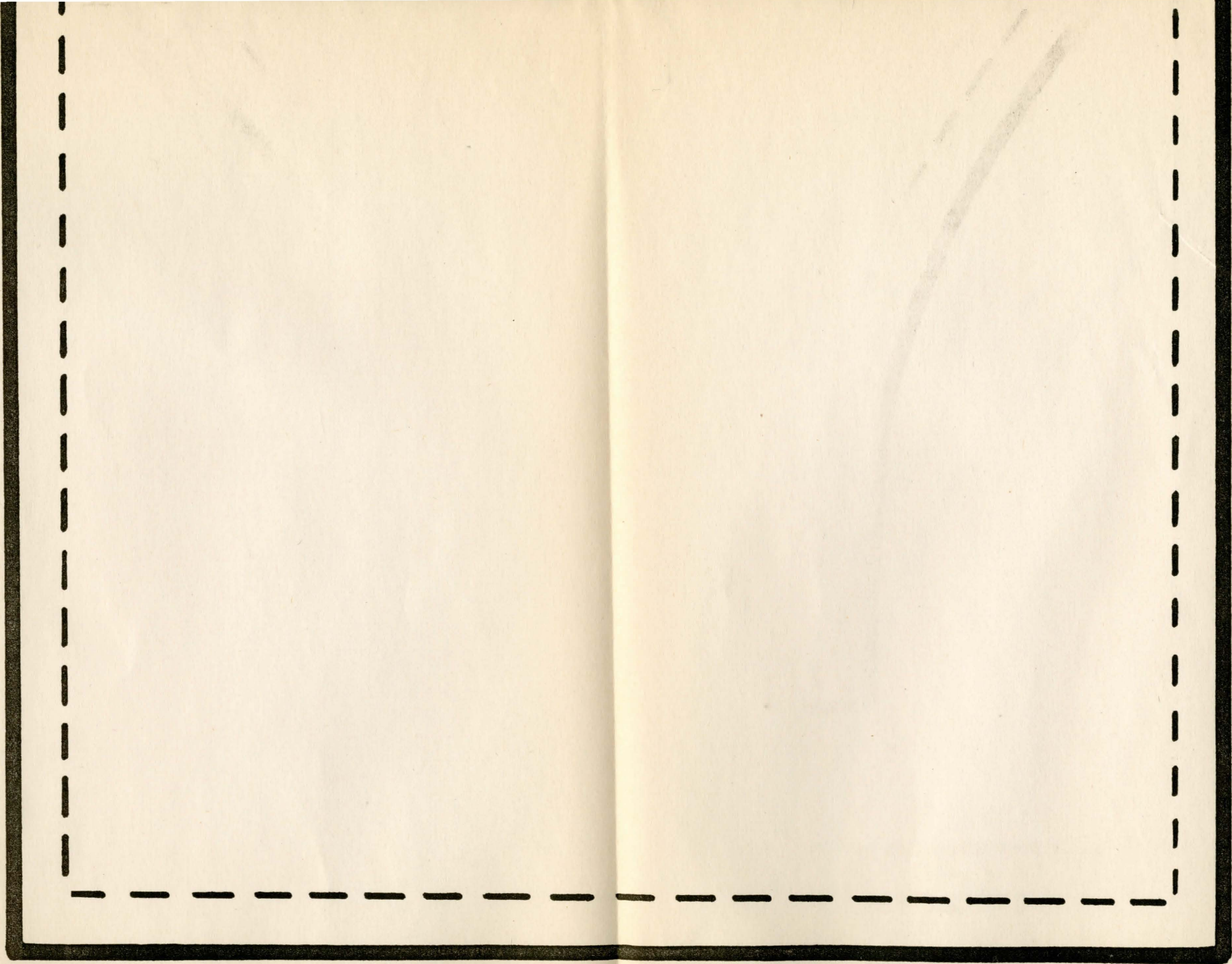
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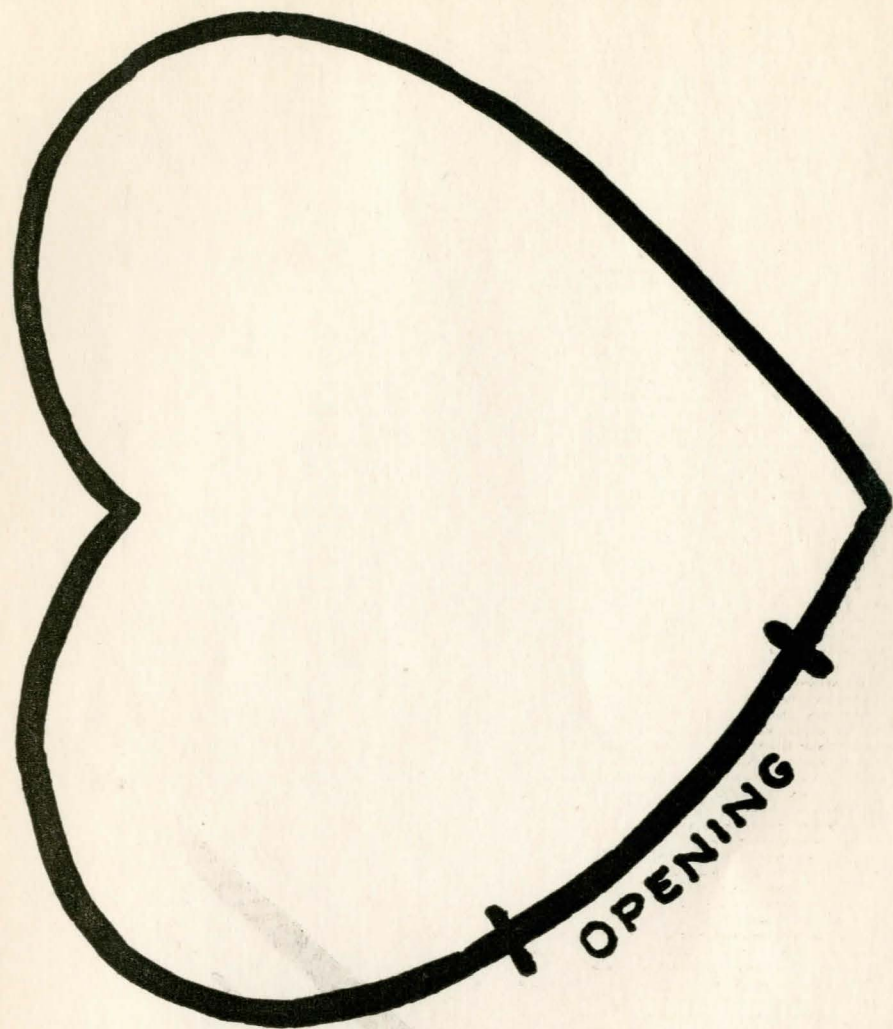
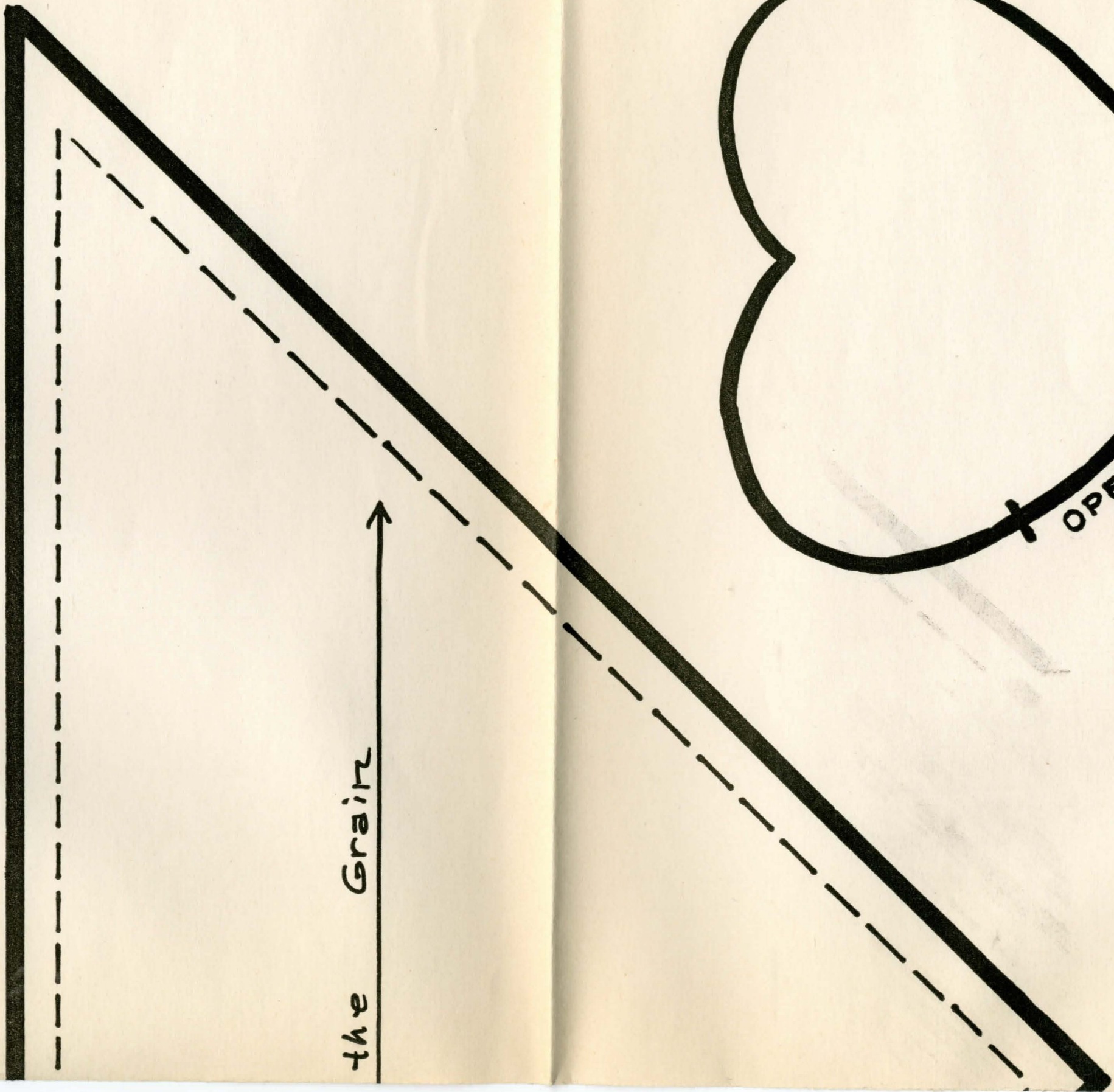


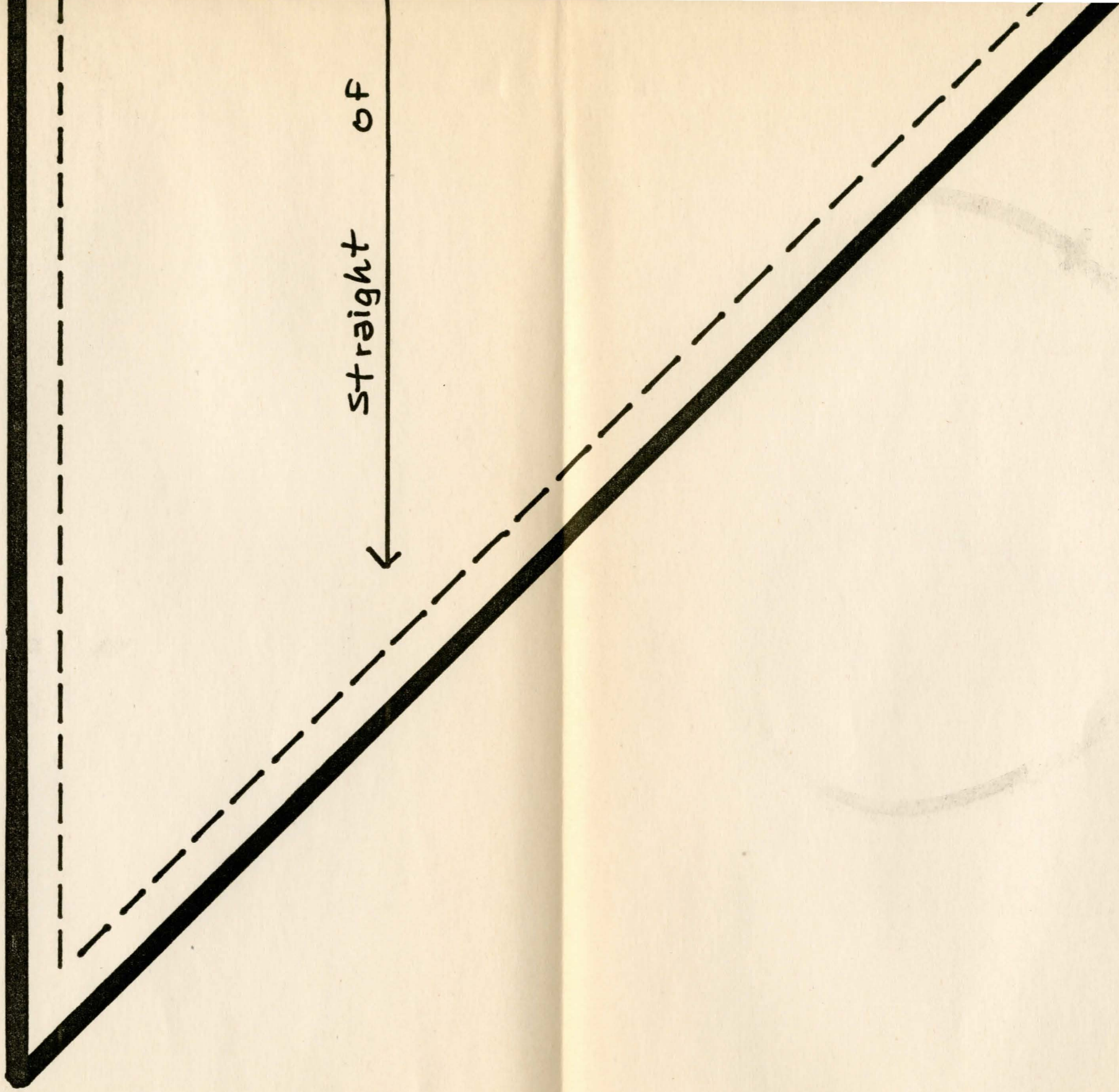
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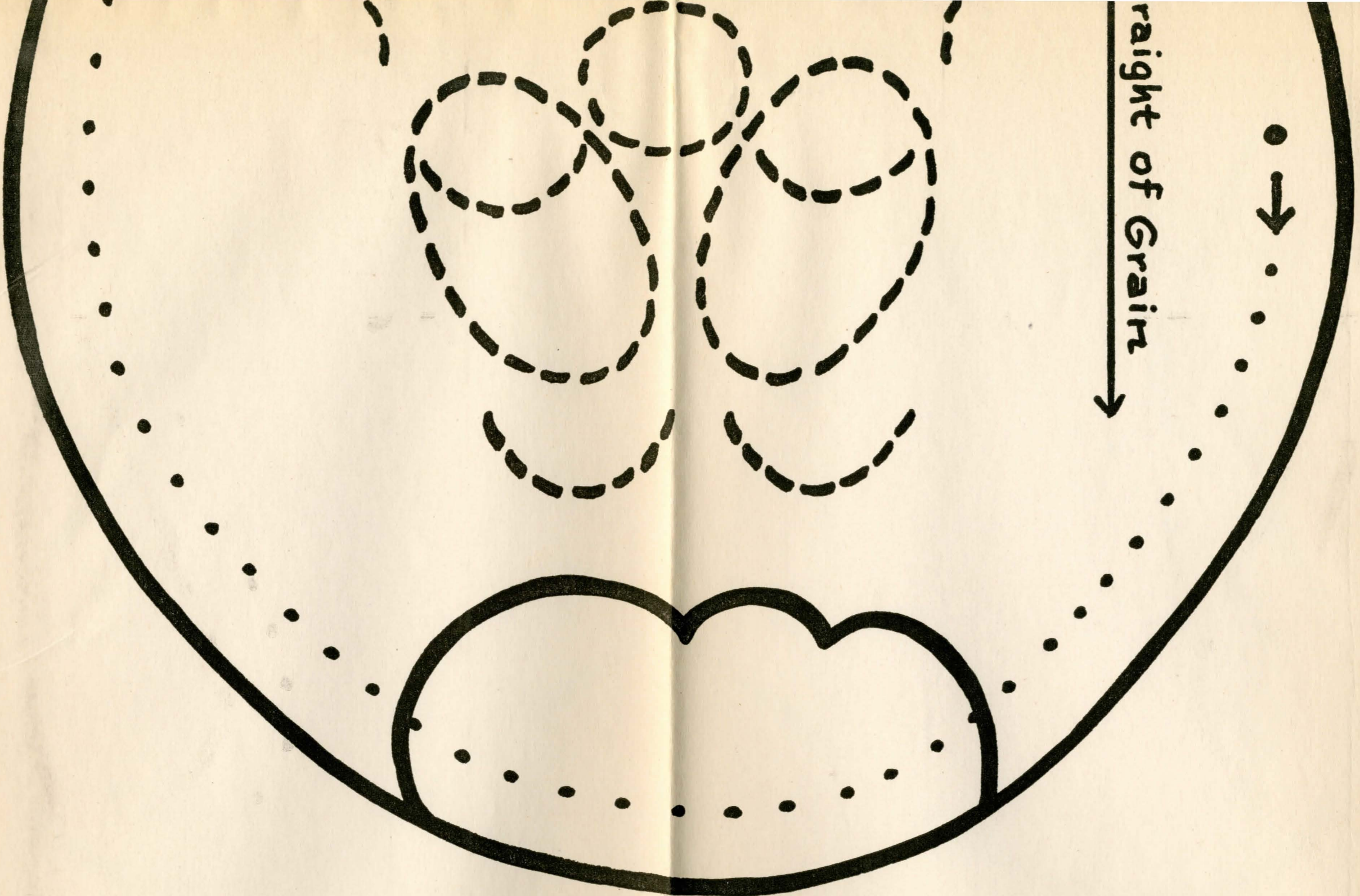
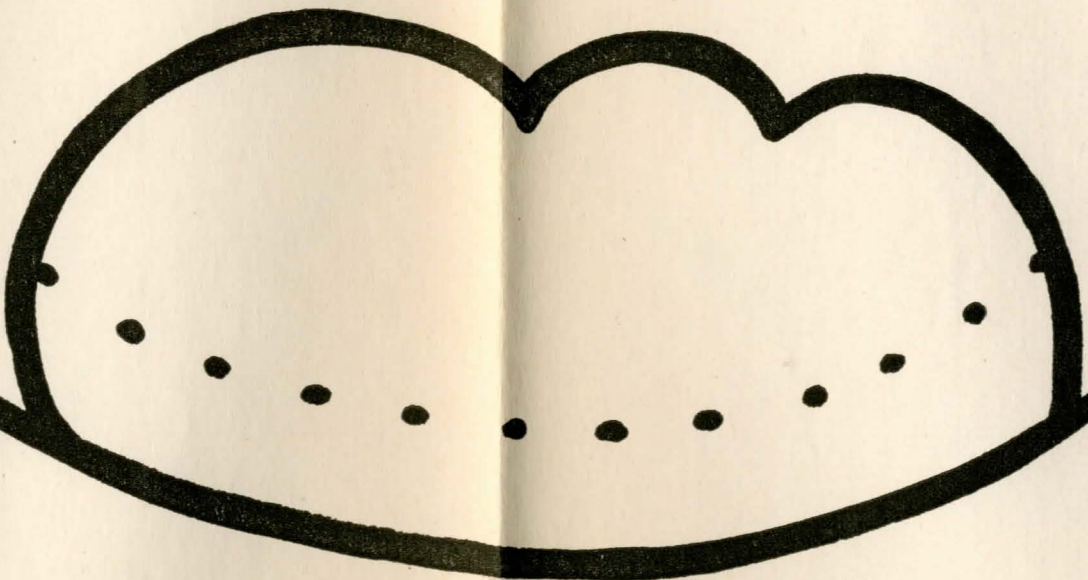
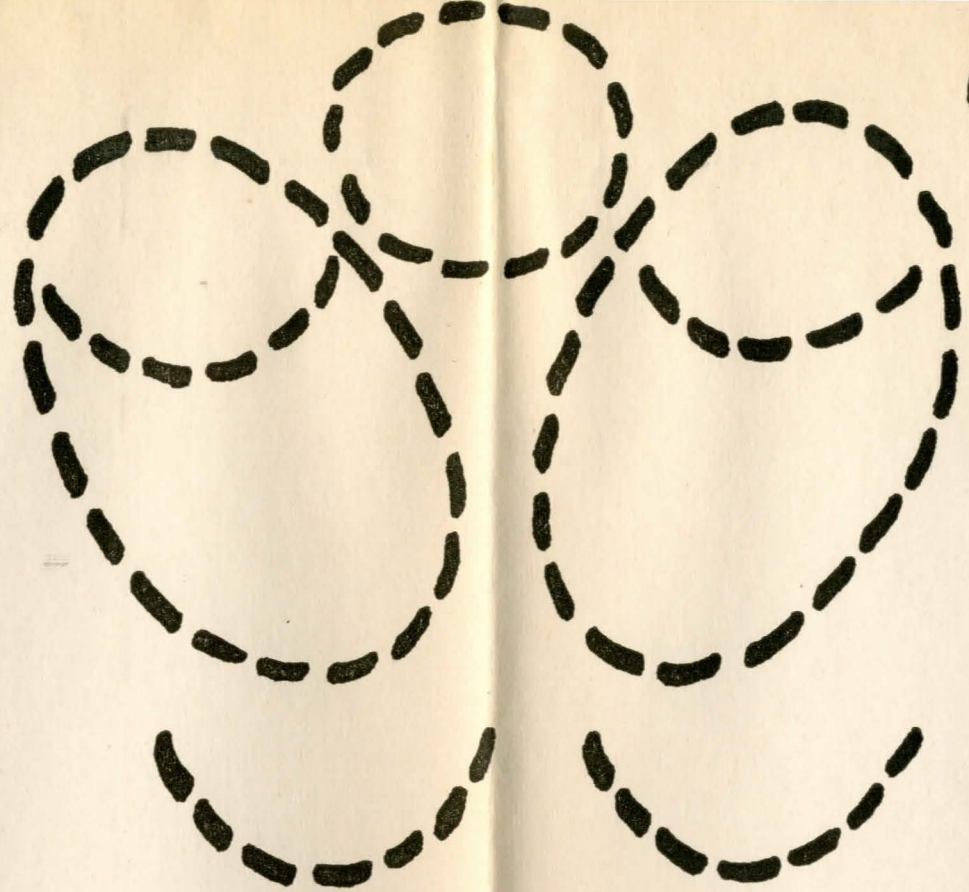
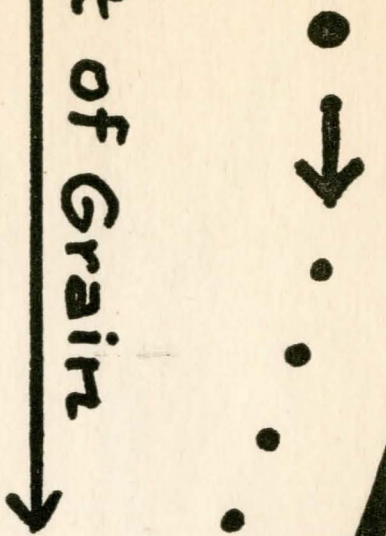


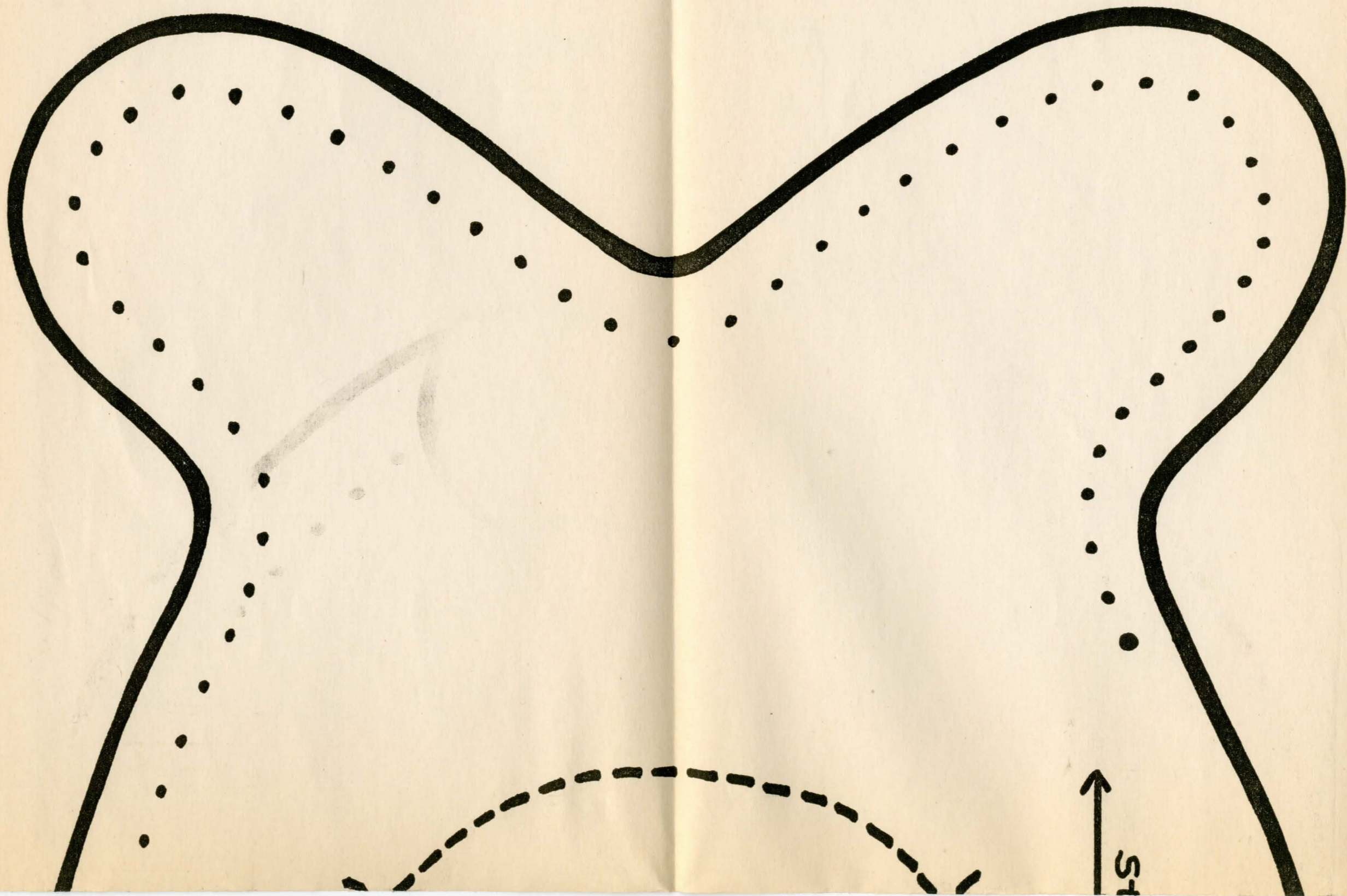






raight of Grain





In this Sewing For Fun Packet are the directions for making the different projects. They are organized from simple to more difficult. Make at least four of the items. How many more you make will depend on your sewing skill. In this packet you will find the directions for making various items. Each project tells you what supplies you will need and what sewing skills you will learn. Check off each step as you complete it. Be sure to look at the drawings. They will help you to put your project together.

Have an enjoyable and fun time making these projects. **Remember Practice Makes Perfect!**



1: EASY 2: INTERMEDIATE 3: MORE DIFFICULT

NEEDLEBOOK (1)

Sewing Skills You Will Learn

1. Measure and cut accurately.
2. Stitch straight.
3. Backstitch.
4. Press.

Supplies Needed:

Felt or firmly woven wool fabric scraps.
Matching or contrasting thread.

You may make your needlebook all one color or in contrasting colors. (Examples, red, yellow, and blue or blue, blue green, and green.)

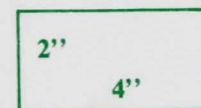
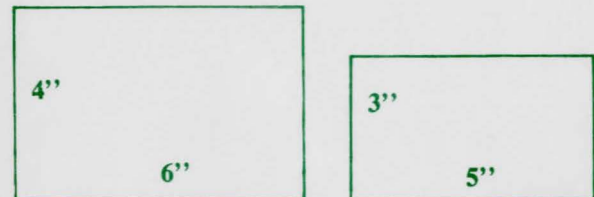
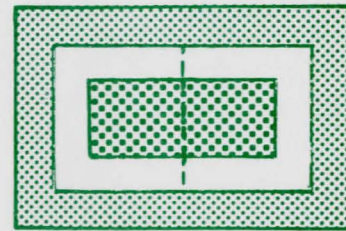
Step 1. Cut 3 felt or wool pieces the same shape, each piece slightly smaller than the one before. Sizes are 6" x 4"; 5" x 3"; 4" x 2". Make 3 cardboard patterns to size and trace around the fabric using chalk or water-erasable pen. You may use pinking shears when cutting for a decorative edge.

Step 2. Find the center of each piece by placing short edges together. Press along fold to mark center.

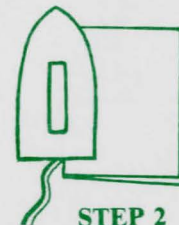
Step 3. Place the largest piece down; center the next piece on it; with creases matching; place the smallest piece on top. Pin all layers keeping the creases together.

Step 4. Machine stitch along the crease. Secure threads at each end by backstitching 2 or 3 stitches.

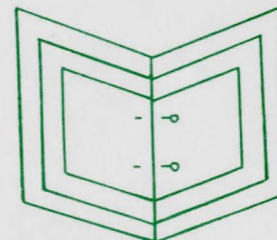
Step 5. Lightly steam press the needlebook in half. Your needlebook is finished and ready for you to put needles in it!



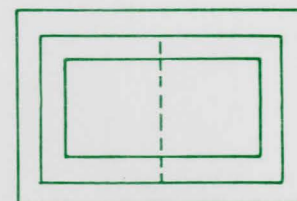
STEP 1



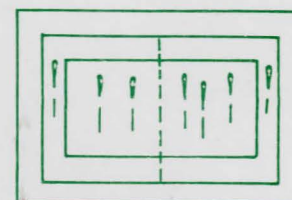
STEP 2



STEP 3



STEP 4



STEP 5

HEART-SHAPED PINCUSHION (1)

Sewing Skills You Will Learn

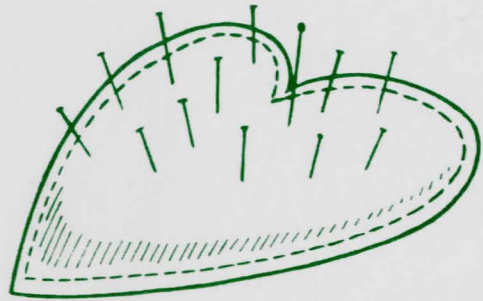
1. Cut accurately.
2. Stitch $\frac{3}{8}$ " seam allowance.
3. Backstitch.
4. Pivot at points.

Supplies Needed:

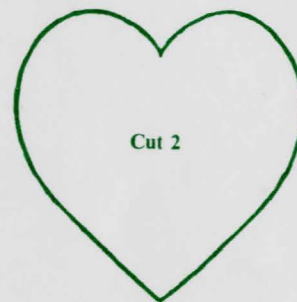
Felt.

Matching thread.

Stuffing—human hair, clean raw wool, fine cedar shavings, dry coffee grounds, sawdust (Polyester fiberfill will dull pins).

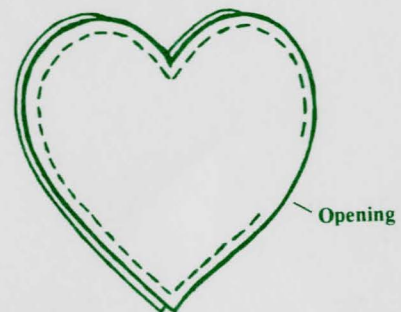


- Step 1. Using the pattern provided, cut out 2 heart shapes from felt.



STEP 1

- Step 2. Pin hearts together, matching raw edges. Machine stitch $\frac{3}{8}$ " from the edge. Pivot at points. Leave a 2" opening at the side for stuffing. (The stitched seam is not turned to the inside.)



STEP 2

- Step 3. Stuff firmly.

- Step 4. Pin opening if needed then machine stitch opening closed by joining the previous stitching. Remember to do 2 or 3 backstitches. It is now ready for pins.



STEP 4

SQUARE PINCUSHION (1)

Sewing Skills You Will Learn

1. Measure and cut accurately.
2. Stitch $5/8''$ seam allowances.
3. Pivot at corners.
4. Trim corners.
5. Backstitch.
6. Slip stitch or whip stitch.

Supplies Needed:

Small pieces of plain fabric (medium weight, tightly woven cotton or cotton blend).

Matching thread.

Stuffing—human hair, sawdust, fine cedar shavings, dry coffee grounds, clean raw wool. (Polyester fiberfill will dull pins.)

Step 1. Cut 2 pieces of fabric each $5'' \times 5''$ or make a cardboard pattern to size and trace around it using chalk or water-erasable pen.

Step 2. Place right sides of fabric together, matching raw edges. Pin along all sides.

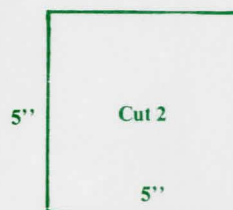
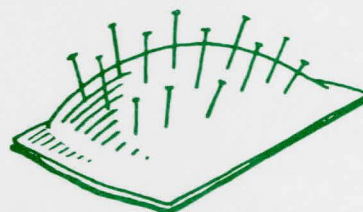
Step 3. Machine stitch $5/8''$ from the raw edges, pivoting at corners. Leave a $2''$ opening. Secure threads by back stitching at the beginning and end of stitching.

Step 4. Trim corners diagonally to remove excess bulk.

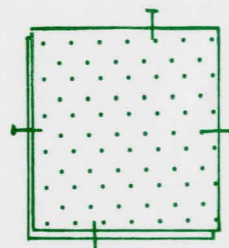
Step 5. Turn pincushion right side out. Using a point turner, poke out corners. (The blunt end of a letter opener will work).

Step 6. Stuff firmly.

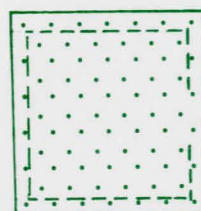
Step 7. Hand stitch the opening closed using the slip or whip stitch. Your pincushion is now ready to use.



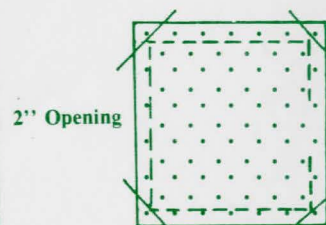
STEP 1



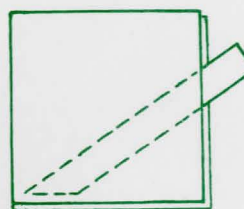
STEP 2



STEP 3



STEP 4



STEP 5



STEP 7

WRIST WALLET (1)

Sewing Skills To Learn

1. Cut out wallet using pattern.
2. Sew $1/2''$ seam allowances.
3. Attach hook and loop tape.
4. Press seam allowances.
5. Pivot at corners.

Supplies Needed:

$1/4$ yd. firmly woven fabric (denim, sailcloth, trigger, broadcloth) or a piece of firm fabric $7'' \times 11''$.

$1/2$ yd. hook and loop tape $5/8''$ wide.

Matching thread.

Step 1. Cut out wallet using the pattern. Cut around the notches.

Step 2. Fold a $1/2''$ seam allowance to the wrong side. Pin and press. Remove pins.

Step 3. Cut a strip of hook and loop tape $5 1/2''$ long. Separate the tape. Place one strip on top of the seam between the notches. The tape should be about $1/8''$ away from the folded edge.

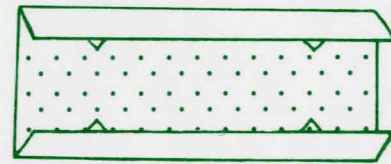
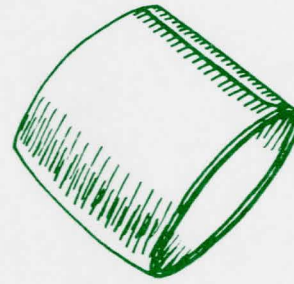
Step 4. Glue stick or pin the tape in place. Stitch all the way around the tape pivoting at the corners. Backstitch. Place the other piece of tape on the opposite seam. Repeat the step.

Step 5. Fold the wallet in half right sides together. Hook and loop tape is on the outside. Pin. Stitch a $1/2''$ seam allowance across each end. Backstitch.

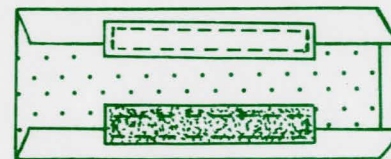
Step 6. Turn wallet right side out. Use a point turner to push out corners. Press each end.

Step 7. Cut 3 strips of hook and loop tape $2 3/4''$ long. Join the three strips with a zigzag stitch. Place the tape across one end of wallet and just inside the finished edges. Glue stick in place. Stitch around the tape, pivoting at the corners. Backstitch.

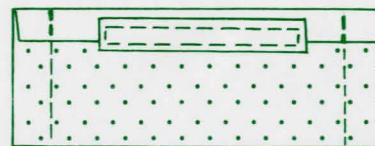
Step 8. Turn the wallet over. Place the other 3 pieces of tape that has been zigzagged together on the opposite end. Repeat as in the above step.



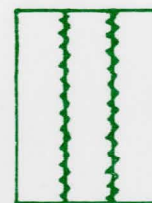
STEP 2



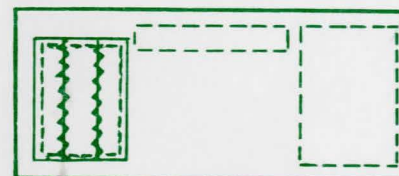
STEPS 3-4



STEP 5



STEP 7



STEPS 7-8

$\frac{1}{2}$ " SA

Wrist Wallet Pattern

Cut 1

$\frac{1}{2}$ " SA

WRIST PINCUSHION (1)

Sewing Skills You Will Learn

1. Measure and cut accurately.
2. Stitch $\frac{1}{4}$ " seam allowance.
3. Backstitch.
4. Pivot at corners.

Supplies Needed:

Small pieces of felt, suede-like fabric or firmly woven wool fabric scraps.

Matching thread.

Stuffing — sawdust, fine cedar shavings, dry coffee grounds, clean raw wool, human hair (Polyester fiberfill will dull pins).

4 $\frac{1}{2}$ inches of hook and loop closure tape.

Step 1. Cut 3 pieces of fabric for the pin-cushion pieces. These 3 pieces are: two pieces $2\frac{1}{2}$ " x $3\frac{1}{2}$ " and one piece $2\frac{1}{2}$ " x $1\frac{1}{2}$ ".

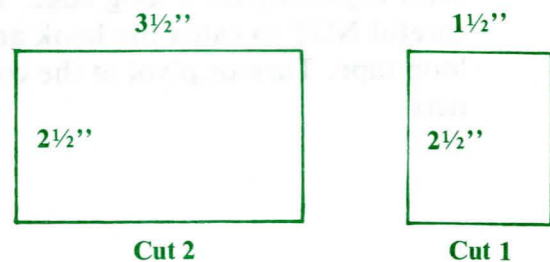
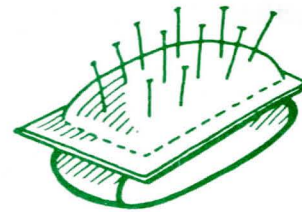
Step 2. Pull apart the hook and loop tape, and overlap the two ends one inch so they stick together.

Step 3. Center the strip on top of one long piece of felt so the fuzzy side of the tape will be down against the felt and the stiff side up.

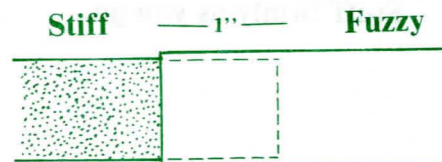
Step 4. Using the small piece of felt, center it over the top of the hook and loop tape so edges are even on the long piece of felt. Pin at sides to hold the layers together.

Step 5. Mark an X from corner to corner on the small piece of felt with chalk or water-erasable pen.

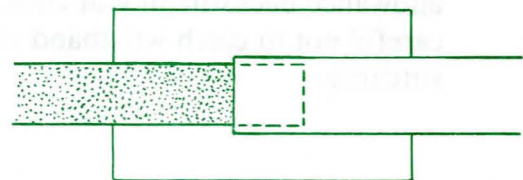
Step 6. Machine stitch this X with regulation stitches (10-12 stitches per inch). Backstitch 2 or 3 stitches to secure thread. This will hold the hook and loop tape in place.



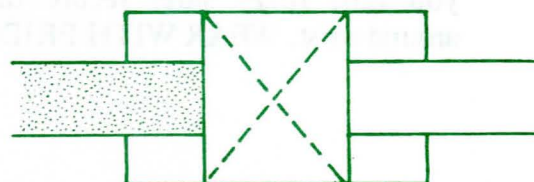
STEP 1



STEP 2



STEP 3



STEPS
4-5-6

QUICK TOTE BAG (2)

Sewing Skills You Will Learn

1. Stitch $5/8$ " seam allowances.
2. Trim seams and corners.
3. Clip curves.
4. Press.
5. Slip stitch or overhand stitch.
6. Topstitch.

Supplies Needed:

$3/8$ yd. firm, durable fabric 44-45" wide (such as denim, sailcloth, trigger, or poplin).

$3/8$ yd. lightweight cotton or cotton blend for inner bag.

See page 15 in your member manual on Grain Perfect Fabric.

Step 1. Using the pattern cut two pieces of fabric with upper portion of handle on fold of fabric. These pieces are your outer and inner bags.

Step 2. With right sides together, stitch inner bag and outer bag together on curved edges with a $1/2$ " seam.

Step 3. Trim seam to $1/4$ " and clip curve. Press seam open before turning.

Step 4. Turn bag right side out by pulling fabric through handle.

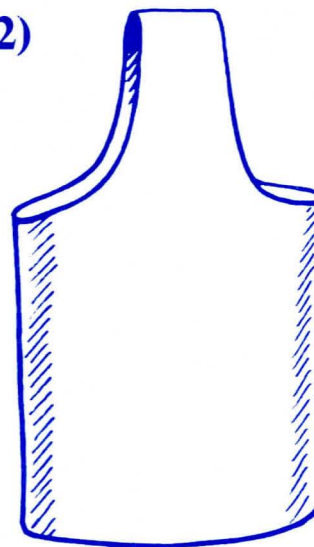
Step 5. Bring right sides of inner bag together and right sides of outer bag together to form a rectangle. Pin in place.

Step 6. Stitch around rectangle using a $1/2$ " seam allowance. Leave a small opening in inner bag (4-6") on the side. Trim corners diagonally. Press seams open.

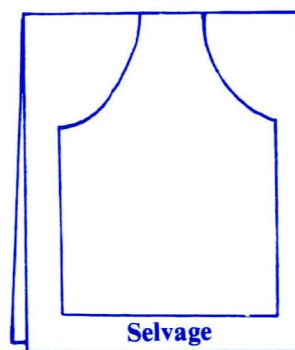
Step 7. Reach into opening of the inner bag and pull handle through opening. Finish opening in inner bag with a slip stitch, or overhand stitch. Strape handle can be topstitched if desired to keep edges in place.

Step 8. Turn bag so inner bag is inside. Press.

Optional - Decorate outer bag. Applique a design. Do this before Step 2.



Fold



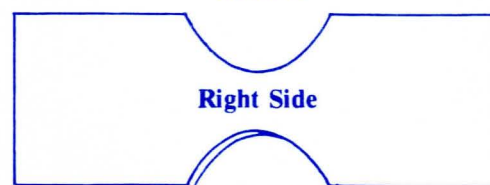
STEP 1



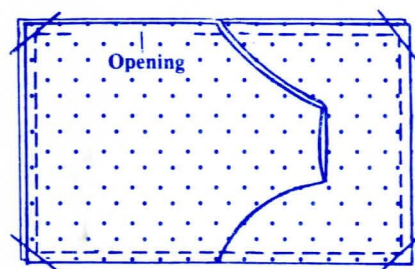
STEP 2



STEP 3



STEP 4



STEP 6

SLEEPING BAG FOR DOLL OR STUFFED ANIMAL (2)

Sewing Skills You Will Learn

1. Measure and cut fabric to size.
2. Stitch $\frac{1}{2}$ " seam allowances.
3. Backstitch.
4. Trim corners and seams.
5. Press.

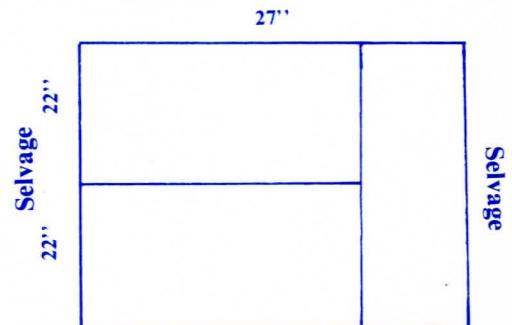
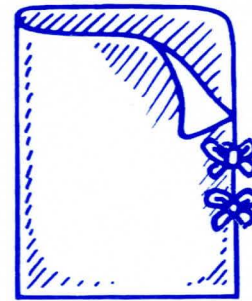
Supplies Needed:

1 $\frac{1}{4}$ yard cotton flannel, 44-45" wide.
 $\frac{3}{4}$ yard of $\frac{3}{8}$ " wide ribbon.
Matching thread.

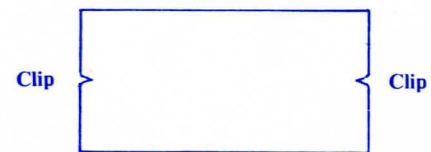
- Step 1. Prewash fabric.
- Step 2. Straight crosswise grain of fabric. See page 15 in your member manual.
- Step 3. Cut two pieces of fabric approximately 22" x 27" (see diagram).
- Step 4. Mark the center of each short side with a $\frac{1}{2}$ " clip. Be careful you don't clip too far!
- Step 5. Put the two pieces on top of each other, right sides together matching raw edges. Pin and stitch a $\frac{1}{2}$ " seam allowance from clip to clip leaving the lower half of the bag free. Trim corners and seams to $\frac{1}{4}$ ". Press seams open, turn bag. Use point turner to push out corners. Press.
- Step 6. Fold bag in half, right sides together, matching clips and raw edges, pin in place. Using a $\frac{1}{2}$ " seam allowance stitch the bottom half of the bag from the clip to the folded edge. Trim corners and seams to $\frac{1}{4}$ ", zigzag edge to finish seams. Turn and press.
- Step 7. Cut ribbon in half. Mark center of ribbon. Hand or machine stitch on seamline near edge of bag. Tie bows. Hand stitch bows so they won't come untied.

Now your favorite doll or stuffed animal has its very own sleeping bag.

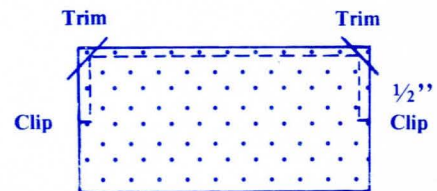
The leftover fabric may be used to make a smaller bag using these directions.



STEP 3



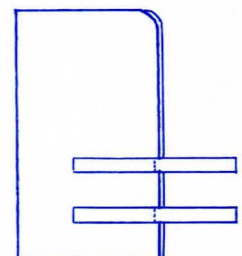
STEP 4



STEPS 4-5



STEP 6



STEP 7

PATCHWORK PILLOW (2)

Sewing Skills You Will Learn

1. Measure and tear or cut fabric to size.
2. Stitch 1/2" seam allowances.
3. Backstitch
4. Match seams.
5. Press seams open.
6. Pivot at corners.
7. Trim seam.
8. Slip stitch/whip or overhand.

Supplies Needed:

1/3 yd. of two contrasting woven fabrics
44-45" wide.

Matching thread.

1 bag polyester fiberfill or a 16" pillow form.

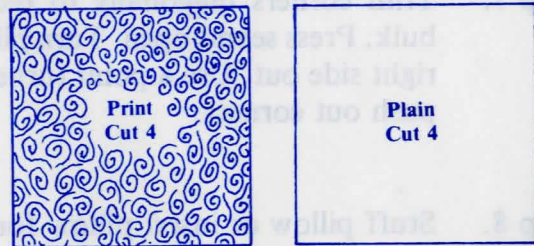
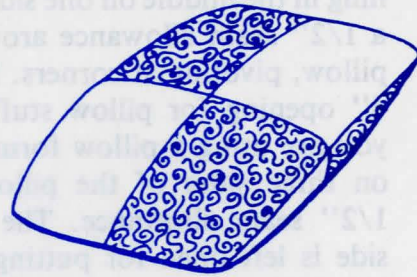
Step 1. Prewash all fabric.

Step 2. Straighten crosswise grain of fabric.
(See page 15 in your member manual.)

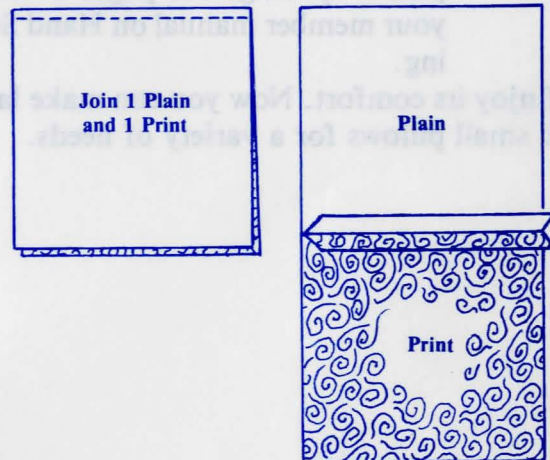
Step 3. Cut 4 - 9" squares from each piece of fabric. You have a total of 8 squares. Cut squares accurately so when joining them together they will be exact.

Step 4. Join 2 - 9" contrasting squares together with a 1/2" seam allowance. Join the remaining two squares. Press seams open. Do the same for the remaining 4 pieces of fabric.

Step 5. Join 2 sections together with a 1/2" seam allowance to create the patchwork pillow top. See illustration. Join other two sections for back of pillow. Be sure seams meet at center. Press seams open.



STEP 3

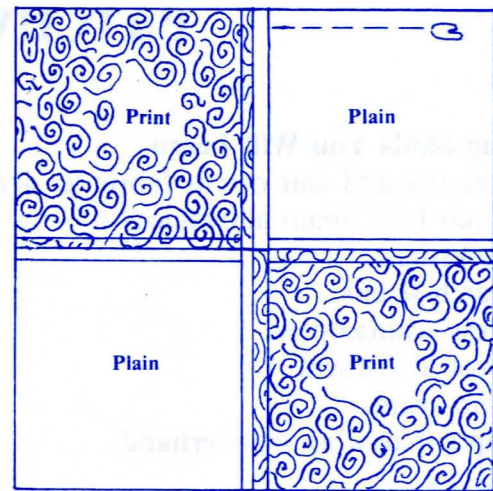


STEP 4



STEP 5

Step 6. If you are stuffing the pillow, pin front to back, right sides together. Be sure to match the seams. Beginning in the middle on one side, stitch a 1/2" seam allowance around the pillow, pivoting at corners. Leave a 4" opening for pillow stuffing. If you are using a pillow form, stitch on three sides of the pillow in a 1/2" seam allowance. The fourth side is left open for putting in the pillow form.



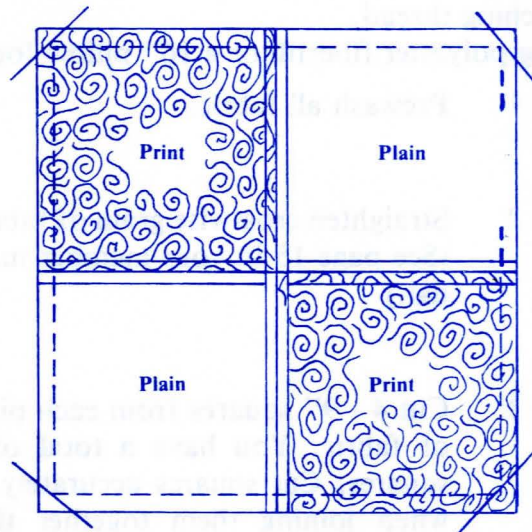
STEP 6

Step 7. Trim corners diagonally to reduce bulk. Press seams open. Turn pillow right side out. Use a point turner to push out corners.

Step 8. Stuff pillow or insert pillow form.

Step 9. Use one of the hand stitches to close pillow opening. See pages 17-18 in your member manual on Hand Sewing.

Enjoy its comfort. Now you can make large and small pillows for a variety of needs.



STEP 7

PILLOW STRIPES (2)

Sewing Skills You Will Learn

1. Measure and tear fabric to size.
2. Stitch 1/2" seam allowances.
3. Backstitch.
4. Press seams open.
5. Match seams.
6. Pivot at corners.
7. Trim seams.
8. Slip stitch/whip or overhand.

Supplies Needed:

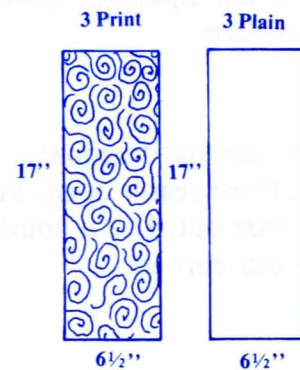
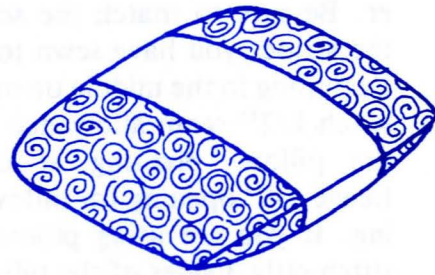
1/2 yd. of two contrasting woven fabrics
44-45" wide.
Matching thread.
1 bag of polyester fiberfill or a 16" pillow
form.

Step 1. Prewash all fabric.

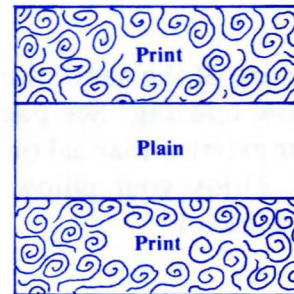
Step 2. Straighten crosswise grain of fabric.
See page 15 in your member manual.

Step 3. Cut and/or tear 3 pieces of fabric
17" x 6 1/2" from each piece of
fabric. You have a total of 6 pieces.

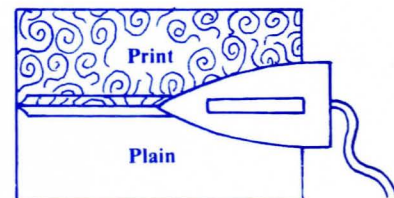
Step 4. Following the illustration, join the
long sides of the strips together with
1/2" seam allowance to make one
side of pillow. Sew the remaining 3
sections together in opposite order.
Press seams open.



STEP 3

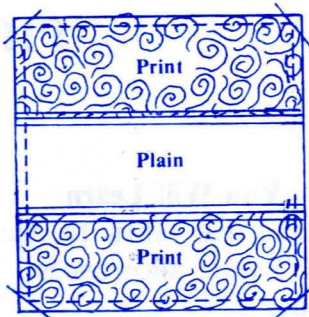


1/2" seam allowance



STEP 4

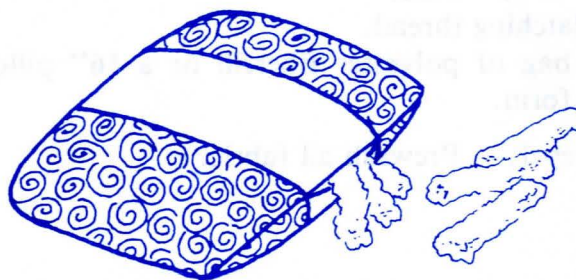
Step 5. If you are making a stuffed pillow, pin front to back, right sides together. Be sure to match the seams of the stripes you have sewn together. Beginning in the middle on one side, stitch $1\frac{1}{2}$ " seam allowance around the pillow, pivoting at corners. Leave a 4" opening for pillow stuffing. If you are using pillow form, stitch only 3 sides of the pillow in a $1\frac{1}{2}$ " seam allowance. The fourth side is left open for putting in the pillow form.



STEP 5-6

Step 6. Trim corners diagonally to reduce bulk. Press seams open. Turn pillow right side out. Use a point turner to push out corners.

Step 7. Stuff pillow or insert pillow form.



STEP 7

Step 8. Use one of the hand stitches to close pillow opening. See pages 17-18 in your member manual on Hand Sewing. Enjoy your pillow. Make one for a friend.

TOTE BAG (2)

Sewing Skills You Will Learn

1. Measure and tear or cut fabric to size.
2. Stitch $5/8$ " seam allowances.
3. Backstitch.
4. Zigzag seam edges.
5. Make a machine stitched hem.
6. Slip stitch/whip or overhand stitch.
7. Press.

Supplies Needed:

1/2 yard firmly woven fabric (such as denim, sailcloth, trigger or poplin).

Matching thread

Step 1. Preshrink fabric. If selvages puckered after washing, clip $1/8$ " diagonally into the selvage 3-4" intervals.

Step 2. Cut or tear a rectangle 14" x 32".

Step 3. Cut or tear handles 15" x 4".

Step 3A **OPTIONAL**

If you would like to decorate your tote bag, this is the time. You could make a design and cut it out of iron-on fabric or you could embroider or applique a design on your bag.

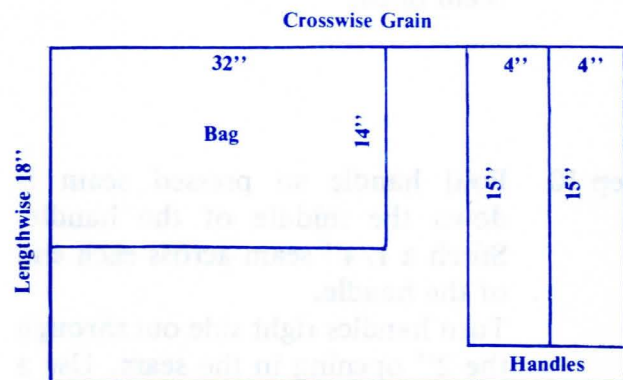
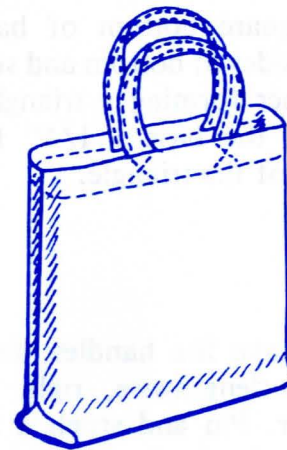
If you decide to decorate your tote bag, fold the fabric so it is in the shape of the finished tote bag with the right side out. Decide where you want the design. Apply your chosen design.

Step 4. Fold the bag, right sides together and pin side seams.

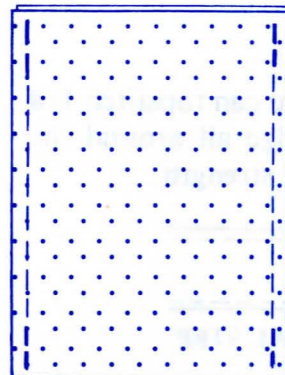
Step 5. Stitch a $5/8$ " seam. Backstitch at the beginning and end of each seam. Press seams open.

Step 6. Finish the seams with a zigzag stitch.

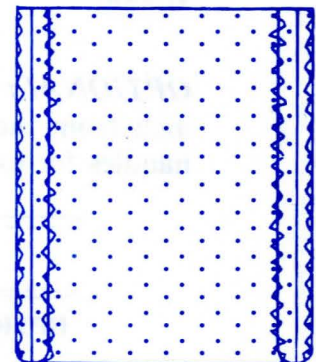
Step 7. To finish the top, turn under $1/2$ ", pin and press. Turn another 1" to form a hem. Pin hem in place. Stitch hem close to the hem edge— $1/8$ " from edge.



STEPS 2-3

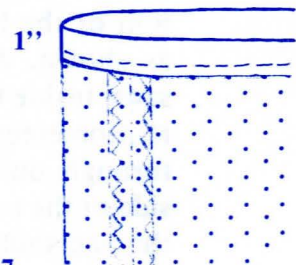
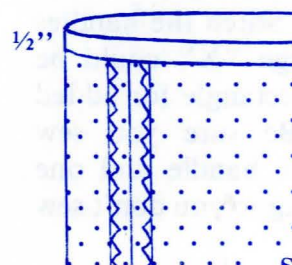


Fold



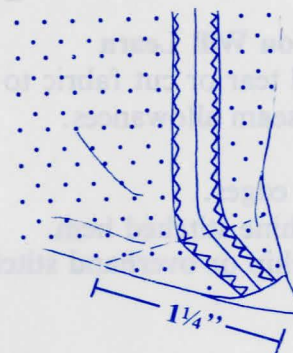
Fold

STEPS 4-5-6



STEP 7

Step 8. To square bottom of bag, bring right sides of bottom and side seams together forming a triangle. Stitch across the base $1\frac{1}{4}$ " from the point of the triangle.



STEP 8

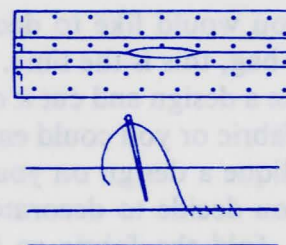
Step 9. To make the handles, fold fabric pieces lengthwise, right sides together. Pin and stitch a $\frac{5}{8}$ " seam along the long edge. Leave a 2" opening in center of seam. Press seam open.



STEP 9

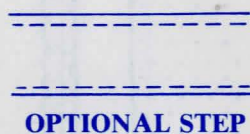
Step 10. Fold handle so pressed seam is down the middle of the handle. Stitch a $\frac{1}{4}$ " seam across each end of the handle.

Turn handles right side out through the 2" opening in the seam. Use a point turner to push out each corner. Press so seam opening is flat on inside of handle. Slip stitch opening closed.



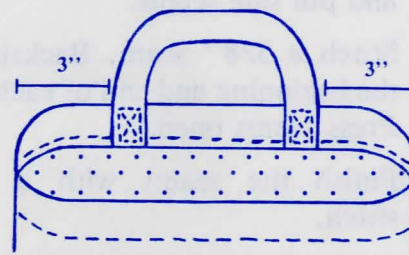
STEP 10

OPTIONAL: You can topstitch $\frac{1}{4}$ inch from the edge all around the handles for extra strength.



OPTIONAL STEP

Step 11. Pin the handles to the top hem 3" from the side seams. The handles go inside the bag and even at the bottom of the hem. Stitch the handles as shown. A large "X" could be sewn inside the rectangle for added reinforcement. Be sure you sew through only one handle and one side of the tote bag so you don't sew the bag shut!



STEP 11

EVERYTHING BAG (2)

Sewing Skills You Will Learn

1. Measure and tear or cut fabric to size.
2. Stitch $5/8$ " seam allowances.
3. Zigzag raw edges.
4. Make a casing.
5. Insert cable cording.
6. Press.

Supplies Needed:

1/2 yd. of sturdy washable fabric (examples denim, sailcloth, kettlecloth). 44-45" wide.
2 yds. of cable cording ($3/8$ "- $1/2$ " thick).
Matching thread.

Step 1. Prewash your fabric.

Step 2. Straighten the crosswise ends of your fabric. See page 15 in your member manual on Grain Perfect Fabric.

Step 3. From your 1/2 yard of fabric you will need a piece that measures 36" wide and 14" long. Cut and tear the fabric or pull a thread so it will be grain perfect.

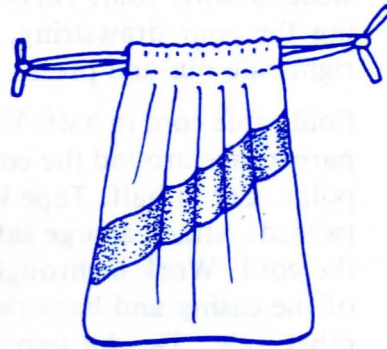
See option for stripe

Step 4. Fold your fabric right sides together as shown, matching edges. Pin.

Step 5. Stitch a $5/8$ " seam allowance beginning from the fold on each side, stopping $3\frac{1}{2}$ " from the top. Backstitch a few stitches to secure. Press seams open. To keep the raw edges from raveling, zigzag each seam allowance. Make sure you stitch only the one layer at a time.

Step 6. On seam allowances above the stitching, fold over $5/8$ " to wrong sides and press. Stitch as shown, near the folded edge. Stitch again $3/8$ " from the folded edge. Be sure to backstitch at the beginning and end. See illustration.

Step 7. Fold the top edge of each side $1/2$ " to the wrong side. Pin and press. Remove pins. See illustration.

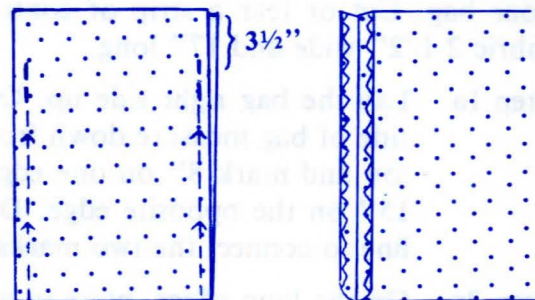


36"

14"

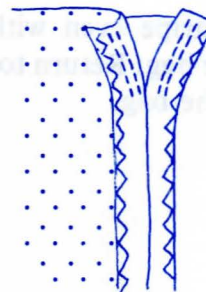
Bag

STEP 3

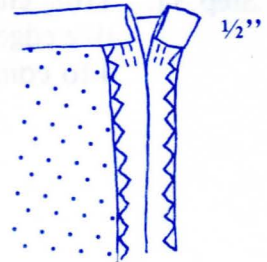


Fold

STEP 5

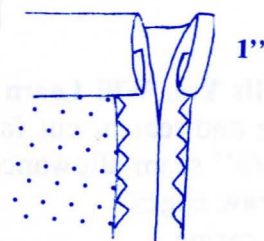


STEP 6

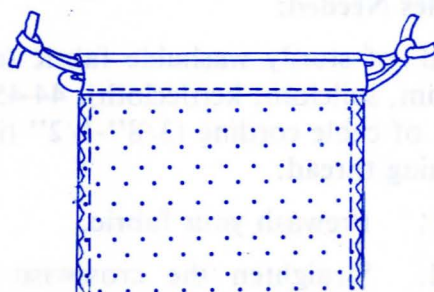


STEP 7

8. Fold each of the top edges down again 1". Pin and press in place. Stitch across each edge separately, close to lower fold. This is your casing for your drawstring. Turn bag right side out and press.
 9. Fold cable cord in half. Wrap transparent tape around the cord at mid-point. Cut in half. Tape keeps cord twisted. Attach a large safety pin to the cord. Work it through one side of the casing and back through the other side. Tie the two ends in a secure knot.
 10. Do the same thing with the other cord, except start at the opposite side of the bag. After the cord has been tied, pull to close the bag. You are finished.
- Now you are ready to fill your bag with ANYTHING you would like.



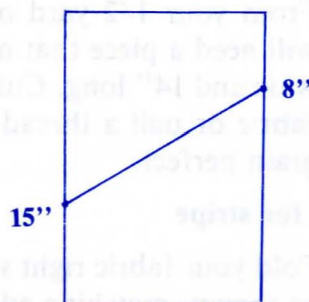
STEP 8



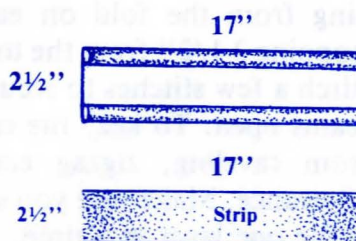
STEP 9

Option - Add a contrasting stripe to bag. Cut or tear a strip of contrasting fabric 2 1/2" wide and 17" long.

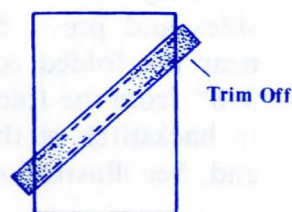
- 1a. Lay the bag right side up. On one side of bag measure down from the top and mark 8" on one edge and 15" on the opposite edge. Draw a line to connect the two marks.
- 2a. On the long edges, press in a 1/2" fold to the wrong side of stripe. Place bottom edge of stripe along placement line on one side of bag. Machine stitch both edges of stripe.
- 3a. Trim ends of stripe even with the side edges of the bag. Return to Step 4 to complete the bag.



STEP 1A



STEP 2A



STEP 3A

WINDSOCK (3)

Sewing Skills You Will Learn

1. Cut or tear sock and streamers.
2. Stitch 1/4" and 1/2" seam allowances.
3. Trim corners.
4. Make a casing.
5. Zigzag seam allowance.
6. Topstitch.
7. Press.

Supplies Needed:

5/8" yd. nylon ripstop or light-weight cotton percale.

Pieces of assorted color fabrics for 9 streamers (6 1/2" wide x 21" long).

Matching thread.

2 yards nylon fishing line cord.

Lock-Snap Swivel (where fishing line and supplies are sold).

8" diameter embroidery hoop.

*Note - if using nylon ripstop, use a warm iron only.

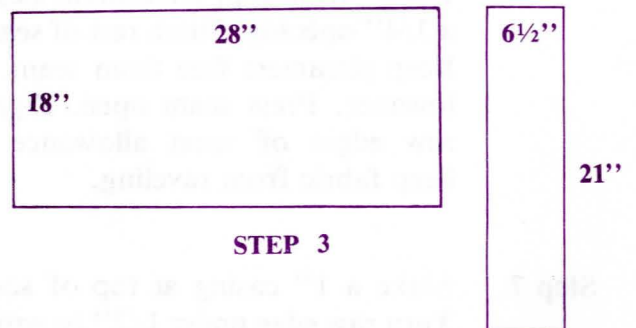
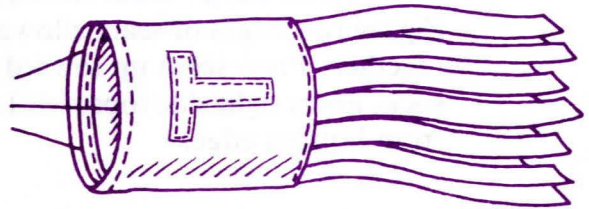
Step 1. If using cotton fabric, prewash it first.

Step 2. Straighten fabric.

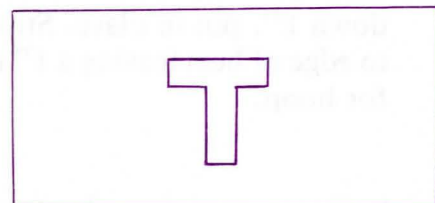
Step 3. Cut or tear fabric 28" wide x 18" long. This is the sock. Cut or tear assorted color fabrics 21" long x 6 1/2" wide for 9 streamers.

Step 3A. *Optional* - Applique a design on the center of sock.

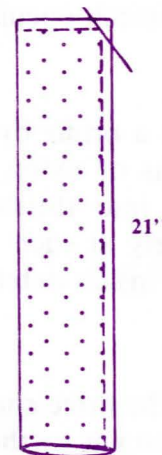
Step 4. Streamers - Fold right sides together, stitch 1/4" seam allowance on one long and one short side, leaving one short end open. Trim corners, press seam open. Turn, poke out corners, press.



STEP 3

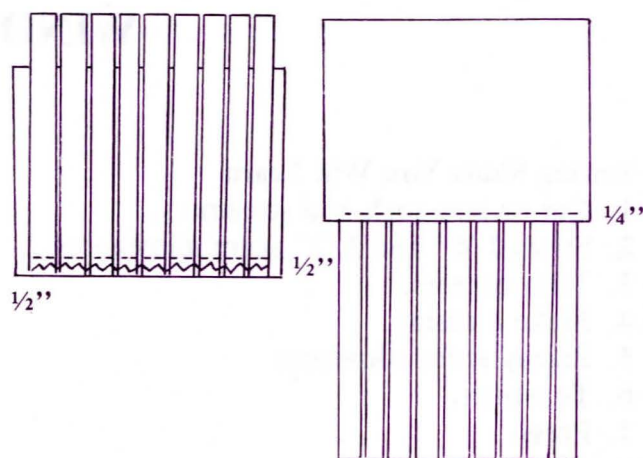


STEP 3A



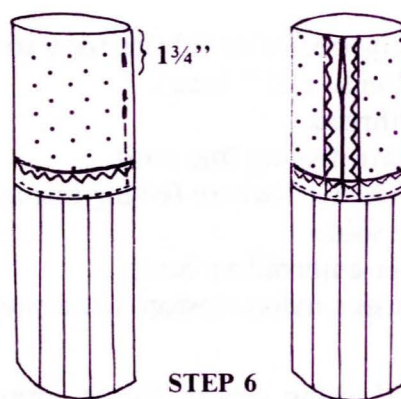
STEP 4

- Step 5. Pin or baste the 9 streamers to lower edge of sock right sides together, overlapping or butting the streamers to fit within width of sock allowing a 1/2" seam allowance on both ends. See diagram. Stitch streamers to sock with a 1/2" seam allowance. Zigzag raw edges of seam allowance together. Press seam up toward the sock. From right side topstitch 1/4" from bottom edge.



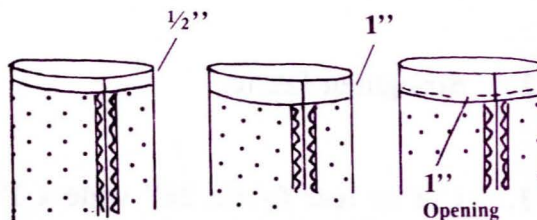
STEP 5

- Step 6. Join lengthwise seam of sock using a 1/2" seam allowance. Stitch down 1 3/4" from top, backstitch. Leave a 3/4" opening. Stitch rest of seam. Keep streamers free from seam allowance. Press seam open. Zigzag raw edges of seam allowance to keep fabric from raveling.



STEP 6

- Step 7. Make a 1" casing at top of sock. Turn raw edge under 1/2" to wrong side, pin and press. Turn fabric down 1", pin in place. Stitch close to edge of hem leaving a 1" opening for hoop.



STEP 7

- Step 8. Remove screw from hoop and slip outer hoop into the casing. Replace screw which is on outside of sock. Handstitch opening closed.

- Step 9. Make a bridle by cutting three 18" lengths of nylon cord. Mark inner hoop into thirds. Tie nylon cord securely at each mark. Place inner hoop inside outer hoop.



STEP 9

- Step 10. Pull the three ends of cord together and attach to the lock-snap swivel for free movement of the windsock. Happy flying!



STEP 10

DIAGONAL PATCHWORK PILLOW (3)

Sewing Skills You Will Learn

1. Cut fabric to size.
2. Stitch 1/2" seam allowances.
3. Sew on the bias.
4. Backstitch.
5. Press seams open.
6. Match seams.
7. Pivot at corners.
8. Trim seams.
9. Slip stitch/whip or overhand.

Supplies Needed:

5/8 yd. of two contrasting woven fabrics
44-45" wide.

Matching thread.

1 bag polyester fiberfill or a 16" pillow form.

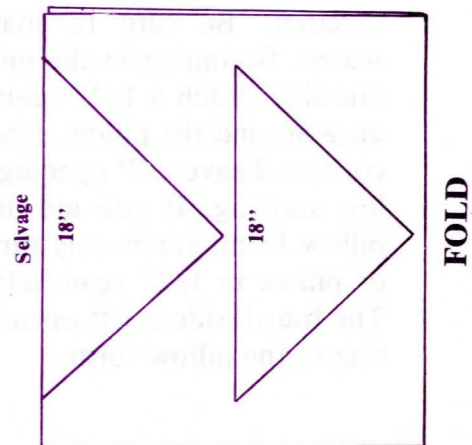
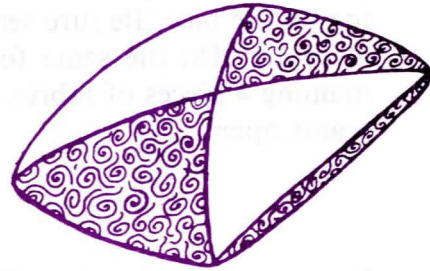
Step 1. Prewash fabric.

Step 2. Straight crosswise grain of fabric.
See page 15 in your member manual.

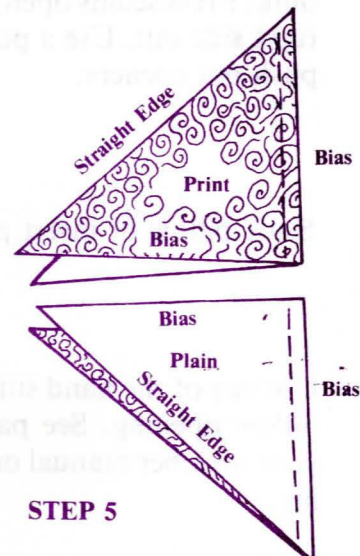
Step 3. Using the pattern provided, lay pattern piece on the straight of grain of a double layer of fabric. See illustration. Pin pattern in place.

Step 4. Cut 4 pattern pieces from each piece of fabric. You have a total of 8 pieces. Cut very **accurately** along edge of pattern pieces. Make sure you join pieces together exactly.

Step 5. Join contrasting bias sections together using a 1/2" seam allowance. Join the remaining two sections together. Press seams open.



STEP 3



STEP 5

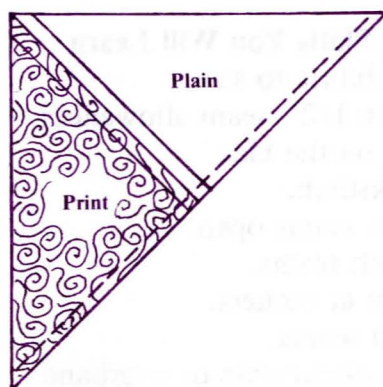
6. Pin the two right sides together matching the seams. Sew a $1\frac{1}{2}$ " seam allowance. Be careful not to stretch the triangles as you are sewing on the bias. Be sure seams meet at center. Do the same for the remaining 4 pieces of fabric. Press all seams open.

If you are stuffing the pillow, pin front and back of pillow—right sides together. Choose putting either contrasting or same colored material together. Be sure to match the seams. Beginning in the middle on one side, stitch a $1\frac{1}{2}$ " seam allowance around the pillow, pivoting at corners. Leave a 4" opening for pillow stuffing. If you are using the pillow form, stitch only three sides of pillow in $1\frac{1}{2}$ " seam allowance. The fourth side is left open for putting in the pillow form.

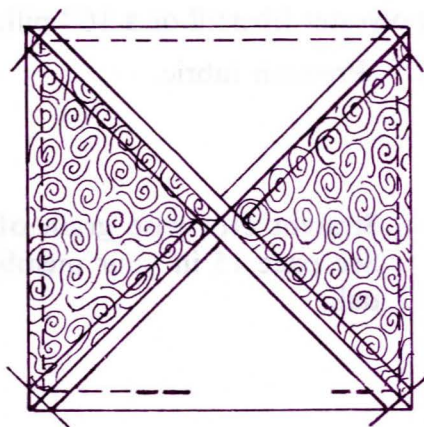
8. Trim corners diagonally to reduce bulk. Press seams open. Turn pillow right side out. Use a point turner to push out corners.

9. Stuff pillow or insert pillow form.

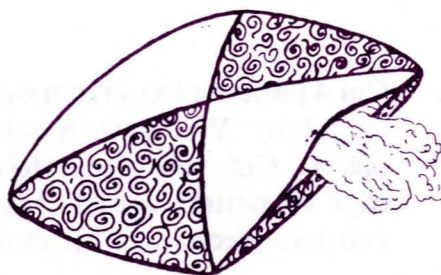
10. Use one of the hand stitches to close pillow opening. See pages 17-18 in your member manual on Hand Sewing.



STEP 6



STEP 7



STEP 9

Enjoy its comfort. Make a pillow for a family member or friend.

A KITE (3)

Sewing Skills You Will Learn

1. Measure and cut accurately.
2. Sew $\frac{1}{2}$ " seam allowance on the bias.
3. Topstitch.
4. Make $\frac{1}{4}$ " hems.
5. Press.

Supplies Needed:

1 yd. of 45" fabric (poplin, broadcloth or rip-stop nylon).

Fabric scraps for tails.

Matching thread.

14" of $\frac{3}{4}$ " twill tape.

2- $\frac{3}{16}$ " dowel rods

1 is 36" long for spine.

1 is 29" long for spar.

43" of 20 lb. test fishing line or kite string, for use as kite bridle.

Needs lots more line or string for flying kite.

One $\frac{1}{2}$ " diameter two ring (lightweight metal or plastic).

3-4 yds. of string or ribbon for kite's tail.

Step 1. Straighten crosswise grain of fabric.

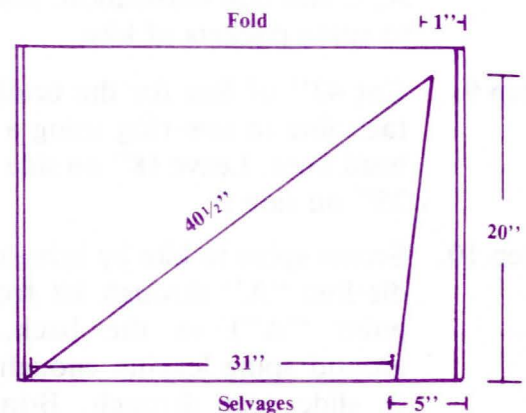
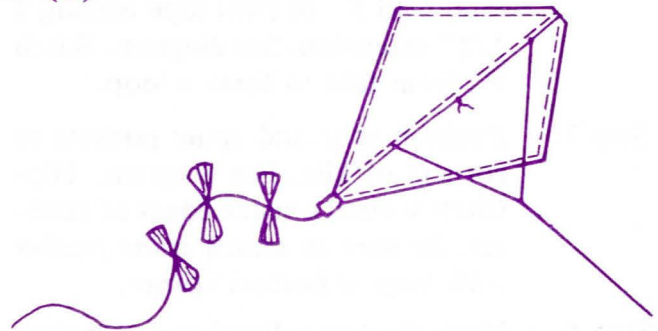
Step 2. Fold fabric lengthwise. Use a marking pen to determine size. Cut out two kite pieces from fabric as shown.

Step 3. With right sides together sew the center seam with a $\frac{1}{2}$ " seam allowance. Press seam open then press seam allowance to one side. Trim seam to $\frac{1}{4}$ ". Trim the points of kite from top and bottom $\frac{1}{2}$ ". It will make it easier to hem.

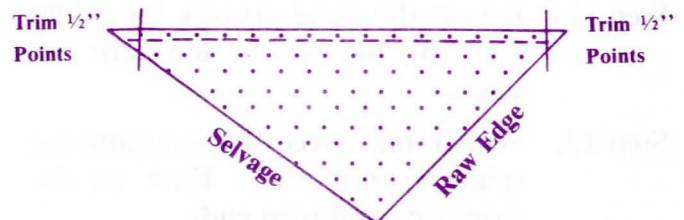
Step 4. Hem outer edges of kite. Do the top and bottom first making a $\frac{1}{4}$ " hem. Next hem the selvage sides by turning them under $\frac{1}{4}$ " once, press and stitch. Do the raw edges last by making a $\frac{1}{4}$ " hem.

Step 4a. From right side topstitch the center seam close to the seam line through all thicknesses.

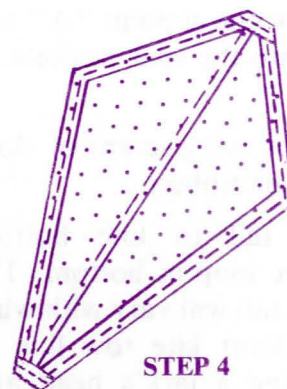
Step 5. To make spar and top spine pockets, cut three 3" pieces of twill tape. Fold one piece leaving a $\frac{1}{2}$ " extension, see diagram.



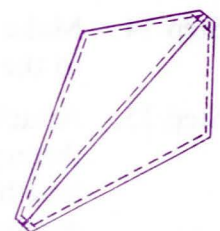
STEP 2



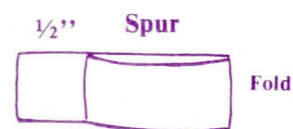
STEP 3



STEP 4

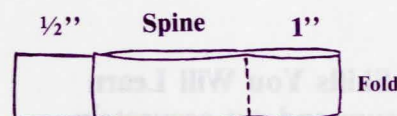


STEP 4A

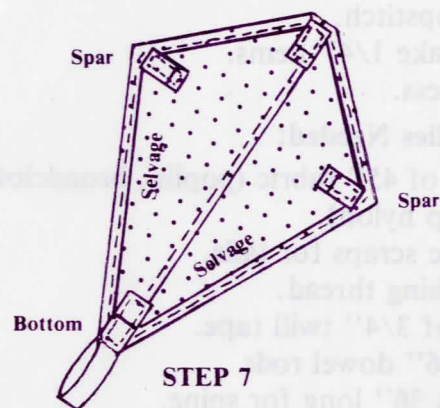


STEP 5

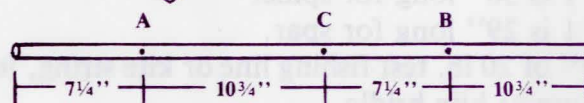
- Step 6. To make spine pocket at bottom of kite, fold 5" of twill tape leaving a 1/2" extension. See diagram. Stitch 1" from fold to form a loop.
- Step 7. Position spar and spine pockets to corners of kite. See diagram. Top-stitch around outside edges of pockets. *Be sure to attach spine pocket with loop at bottom corner.*
- Step 8. Mark the spine dowel rod at points A, C and B in illustration. Insert into spine pockets of kite.
- Step 9. Cut 43" of line for the bridle. Attach line to tow ring using a lark's head knot. Leave 18" on side A and 25" on side B.
- Step 10. Secure spine to kite by bringing bridle line "A" through kit front (at point "A") to the back, loop around spine leaving enough slack to slide spar through. Bring line "A" through to front and knot securely.
- Step 11. Repeat the same process for bridle line "B" but do not allow for the slack.
- Step 12. With a small piece of line, secure the spine at point "C". Knot on the front side and trim ends.
- Step 13. Slide spar through the loop you made with the line at point "A" and insert spar into the spar pockets. It will curve.
- Step 14. Make a tail by tying scraps of cloth to the string or ribbon.
- Step 15. Attach the tail to kite bottom through spine loop at bottom. The length of the tail will vary with wind conditions. Knot kite tow line to tow ring using a lark's head and FLY!!



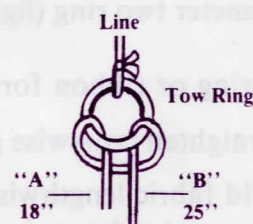
STEP 6



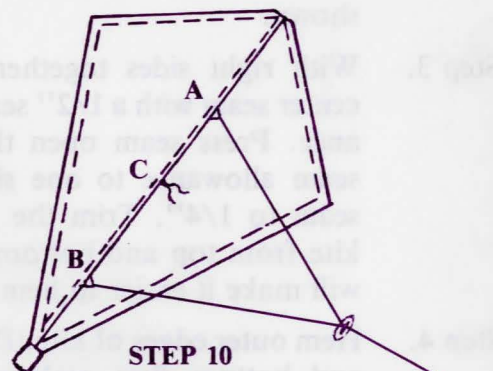
STEP 7



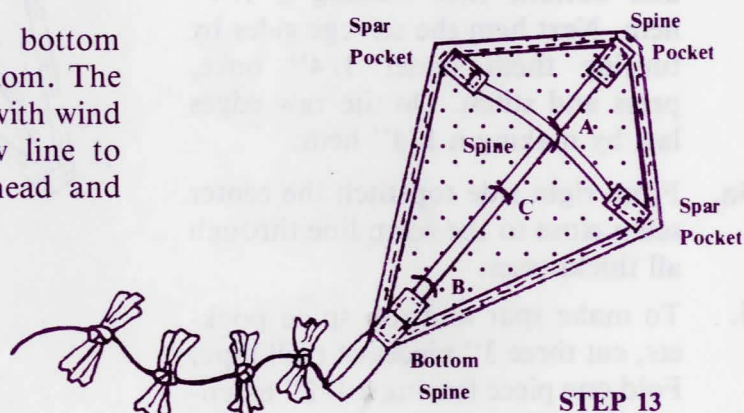
STEP 8



STEP 9



STEP 10



STEP 13

DUFFLE BAG (3)

Sewing Skills You Will Learn

1. Measure and tear or cut fabric to size.
2. Make a $\frac{1}{4}$ " hem.
3. Stitch $\frac{5}{8}$ " seam allowances.
4. Zigzag seam edges.
5. Insert zipper.
6. Press seams.
7. Join straight and curved edges together.
8. Trim corners.

Supplies Needed:

- 1 yd. firmly woven fabric (44-45" wide) or $\frac{3}{4}$ yd. of 60" wide fabric (such as denim, sailcloth, trigger or poplin).
16" general purpose zipper.
Matching thread.

Step 1. Preshrink the fabric and zipper before cutting. Be sure fabric is crosswise and lengthwise grain perfect.

Step 2. For bag cut or tear 2 pieces 16" long and 17" wide, for pocket cut or tear 2 pieces 7" x 7". Make a pattern 10" in diameter. Use a compass. Follow cutting directions as shown in the diagram.

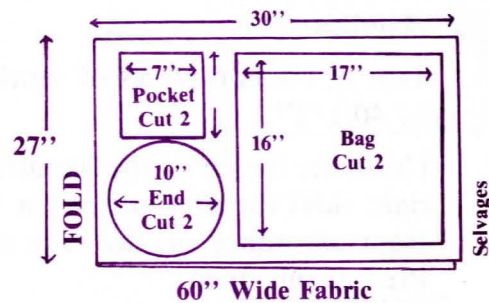
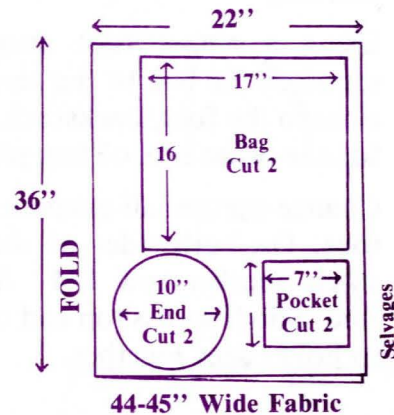
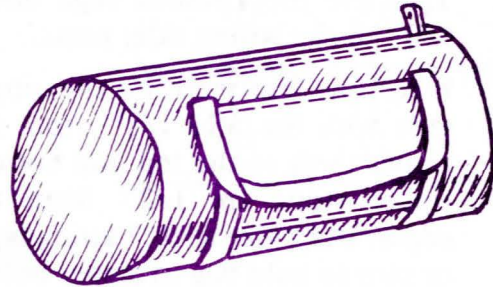
Step 3. **Pockets** - For the bottom of the pockets, turn one edge under $\frac{1}{2}$ " to the wrong side and press.

Step 4. For the top of the pockets, turn the opposite edge under $\frac{1}{4}$ " to the wrong side; press. Turn another $\frac{1}{4}$ " and press. Stitch close to the bottom of the fold.

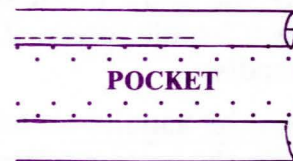
Step 5. To find pocket placement, fold the pocket in half crosswise then lengthwise pressing lightly. Do the same for the bag pieces. Place the pockets on the bag pieces matching the crease lines. Be sure the 17" side of the bag is the top and bottom.

Step 6. Stitch along the sides and bottom of the pocket $\frac{1}{4}$ " away from the edges. Backstitch.

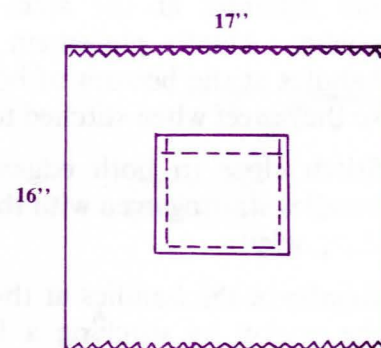
Step 7. Finish the 17" raw edge of the top and bottom of both bag pieces using a zigzag stitch.



STEP 2



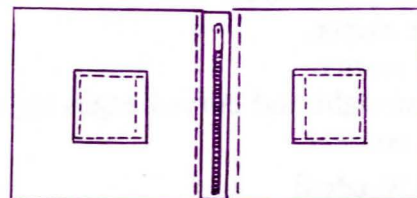
STEPS 3-4



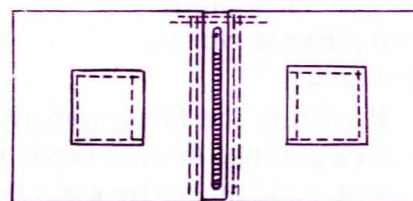
STEPS 5-6-7

Zipper Placement

- Step 1. Turn the top finished edge under $\frac{5}{8}$ " to the wrong side; press.
- Step 2. Place one bag piece on the zipper tape with the fold $\frac{1}{8}$ " from the zipper teeth so the top and bottom zipper stops are $\frac{1}{2}$ " from the edges. Use a glue stick, basting tape, or pins to hold bag to zipper before stitching.
- Step 3. Using a zipper foot attachment, topstitch the bag to the zipper tape close to the fold, backstitch. Repeat for the other side of bag piece.
- Step 4. Change to an all-purpose presser foot. On both sides of the zipper stitch another row $\frac{1}{4}$ " from the fold. Stitch across top end of zipper to hold edges together.



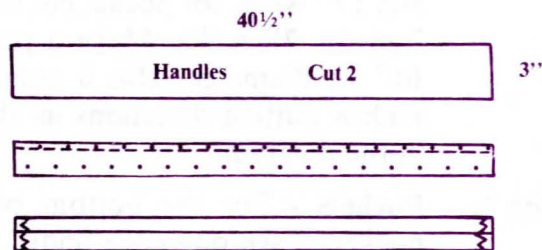
STEP 3



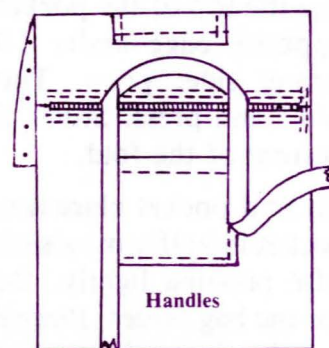
STEP 4

Handles

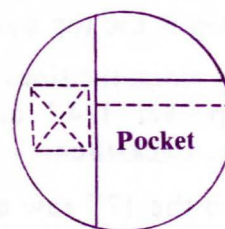
- Step 1. Tear or cut two pieces of fabric 3" by $40\frac{1}{2}$ ".
- Step 2. Using the length of the handle, put right sides together and sew a $\frac{1}{2}$ " seam allowance on the long sides. Press seams open.
- Step 3. Turn the handle right side out. Center the seam down the middle of each handle, press. Zigzag ends of handles.
- Step 4. Pin the handles on both bag pieces with the bottom edges even and the inside edges of the handles covering the stitching at the sides of the pocket. Match placement of the handles at the bottom of both bags so they meet when stitched together.
- Step 5. Stitch close to both edges of the handles starting even with the top of the pocket.
- Step 6. Reinforce the handles at the top of the pocket by stitching a 1" X as shown.



STEPS 1-2-3



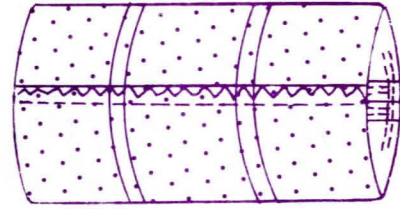
STEPS 4-5



STEP 6

Bottom of Bag

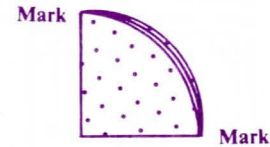
- Step 1. Place the two sides of the bag right side together with raw edges even; pin. Be sure handles match at bottom of bag.
- Step 2. Stitch $\frac{5}{8}$ " from the edge; back-stitch. Stitch again using a zigzag stitch along the raw edge of the stitch seam. Press seam to one side.



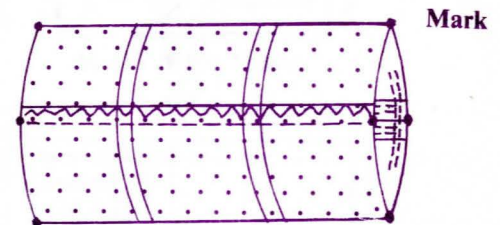
STEPS 1-2

Ends of Bag

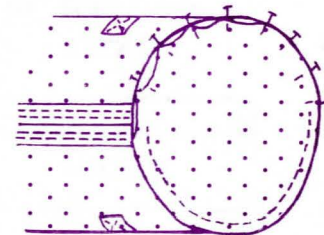
- Step 1. Open zipper.
- Step 2. To match circle end pieces to the bag, fold the circle and pieces in half lengthwise then crosswise. Mark the folds with a marking pen.
- Step 3. Fold the bag matching the bottom seamline and zipper; mark the folds with a marking pen.
- Step 4. Pin the circle end pieces to the bag with right sides together and raw edges even, matching the marks, seam line and zipper. Ease in ends to fit bag, pin.
- Step 5. With circle ends up and bag against the bed of machine, stitch $\frac{1}{2}$ " from the raw edge. Check to be sure there are no tucks in the bag or ends. Slightly stretch the circle as you sew.



STEP 2

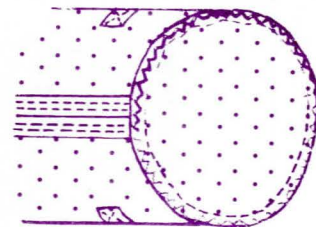


STEP 3



STEPS 4-5

- Step 6. Stitch again using a zigzag stitch along the raw edge of the seam allowance, or use a liquid seam finish to keep raw edges from raveling.
- Step 7. Turn the bag right side out and stuff with anything you would like to carry!



STEP 6

SEW FUN PILLOW (3)

Sewing Skills You Will Learn

1. Pin and cut out patterns.
2. Trace and mark symbols.
3. Sew 5/8" seam allowance.
4. Clip outside curves.
5. Wedge inside curves.
6. Embroider outline stitch.
7. Slip stitch/whip or overhand.

Supplies Needed:

5/8 yd. firmly woven fabric (44-45" wide).
Embroidery thread for mouth, eyebrows, hair,
nose and eyes.

Felt for eyes, nose, hair.

Matching thread.

1 bag polyester fiberfill.

Step 1. Prewash fabric.

Step 2. Make fabric grain perfect (see page 15 in your member manual on Grain Perfect Fabric).

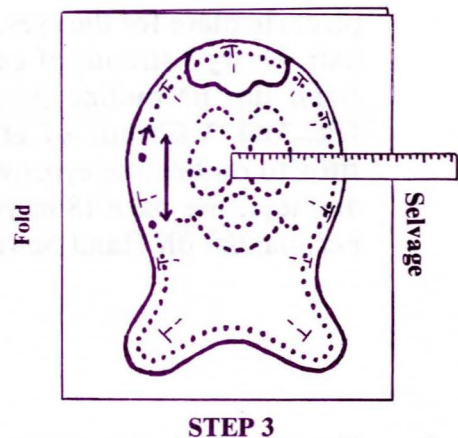
Step 3. Fold fabric, wrong sides together, matching selvages and raw edges. Using pattern provided, place pattern on fabric so grainline symbol is parallel to the selvage edge. Place a pin at the top of the arrow. Measure this distance from the arrow to the selvage. Pin the bottom part of the arrow the same distance from the selvage. Pattern is now ON GRAIN!

Place pins as shown around the pattern, about every 4 inches. DO NOT PIN ON THE CUTTING LINE.

Step 4. Cut out the pattern, following the cutting line. Be sure to cut around the notches. Cut 2 notches together. See illustration.

Step 5. Cut out hair, eyes and nose from pattern. Use them to cut felt pieces.

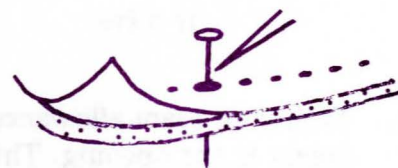
Step 6. Using a marking pen, mark all dots on the wrong side of fabric. Place a pin through the dot on the pattern. Mark location of the pin.



STEP 3



STEP 4



STEP 6

- Step 7. Place pattern on one right side of pillow section. To mark facial features trace around the openings with a marking pen. Use tracing wheel and paper to mark eyebrows and mouth. Your leader or a family member will show you how.



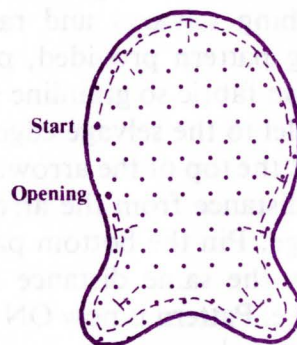
STEP 7

- Step 8. Use pins or glue stick to hold the felt pieces in place for the eyes, nose and hair. Using 3 strands of embroidery floss, do the outline stitch on the felt. Use 3 strands of embroidery floss to outline the eyebrows, mouth and legs. See page 18 in your member manual on Hand Sewing.



STEP 8

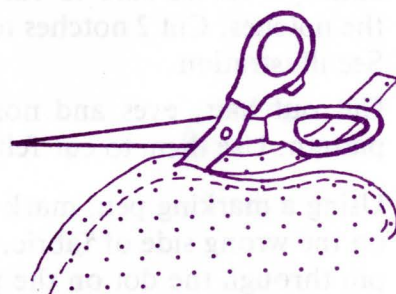
- Step 9. Place the back side of the pillow to the front side right sides together. Place pins as shown around the pillow. DO NOT pin area you need open for stuffing.



STEPS 9-10

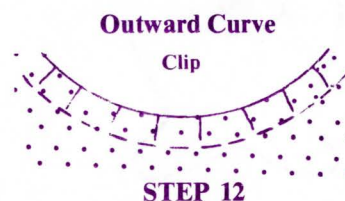
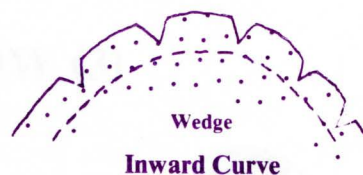
- Step 10. Locate starting dot and sew a 5/8" seam allowance to the other dot. Sew carefully around the curves! Backstitch at beginning and end of seamline. DO NOT sew over pins. Remove them as you come to them.

- Step 11. Trim your seam allowance to 1/4", except at the opening. This is about half of the seam allowance.

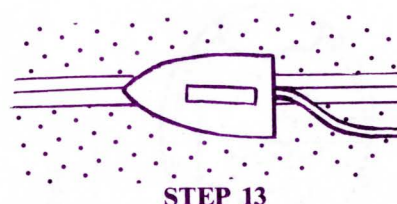


STEP 11

Step 12. Look at the seamline you just stitched. Locate inward and outward curves. See illustration. You will clip inward curves. Be careful not to cut your stitching. You will wedge (notch) outward curves. Your wedges will look pie-shaped. Fold the seam allowance in half and cut 1/8" wide angles. Make your clips and edges about 1/2" apart. The greater the curves the more clips and wedges you will have. This keeps your pillow from puckering.



Step 13. Before turning pillow right side out, press the seam allowance open around the pillow. Use the tip of your iron. Be careful!



Step 14. Turn pillow right side out. Check the seam to see if you did not clip or wedge the stitching line. Press your pillow from the right side to make certain the seamline is flat and smooth.

Step 15. Stuff your pillow. Do the legs first. Use lots of stuffing. Pack it so the seamline is straight and not wrinkled. The pillow should feel firm, but still soft and cuddly.

Step 16. You are ready to hand sew the opening closed. Turn the seam allowances toward the inside of the pillow. Pin the seam allowances together. Using a single thread, hand sew the opening closed. Don't forget to hide your knot inside the pillow. See pages 17-18 in your member manual on Hand Sewing.

Admire your work! You just made "SEW FUN"!

